



**WELCOME BACK !**

**Sidney Elementary Students and Families**

# Entering/Exiting our School and Drop Off/Pick Up



## Entering and Drop Off

- Students need to enter and exit through their cohort doors only.
- Every classroom door will be labeled.
- Students can line up at their classroom door before the bell.
- Visitors must call our school in order to gain entrance: 250-656-3958

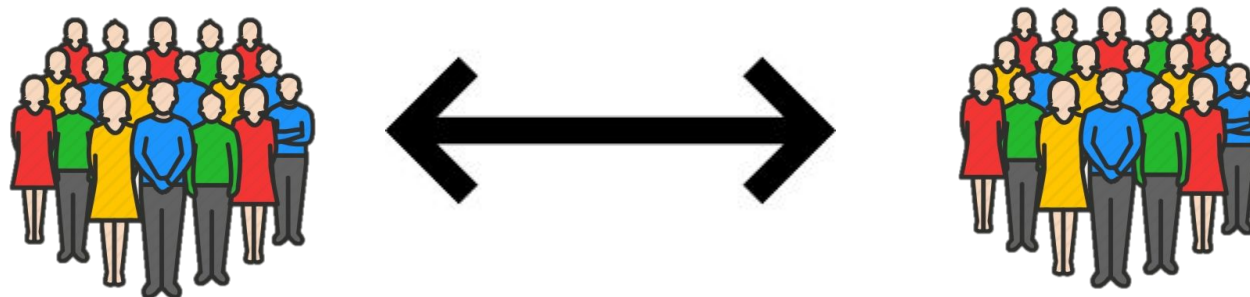
## Exiting and Pick Up

- We are encouraging students to be at school as close to 8:35am as possible.
- Every classroom will have a meeting spot (labeled) for pick up where students can go to meet when dismissed.

# Cohorts/ Learning Groups



At the beginning of the year you will be placed in a cohort/learning group. When you are in this group you will be able to interact without the normal two metre physical distancing rules however, keeping physical contact to a minimum is still strongly advised.





# What this year will look like:

**Your class may be paired with another to make a COHORT (HIVE).**

**Sidney Elementary has 9 hives.**

**Each hive has their own colour.**

**You will get a coloured wristband to remind you and others of your cohort.**

- Mostly we will be working and learning in our own classrooms with our class but your cohort is the group that you will be taking your lunch and recess breaks with. In most cases these classrooms are close to each other.
- You do not need to stay 2 m away from those in your cohort. If you are near other people that are not in your cohort please physically distance (stay 2m away) from them.
- If a staff member that is not in your cohort comes in to talk or teach you they will have to physically distance and/or wear a mask

# What this year will look like: **Lunch & Recess**



**Lunch will look a little different due to physical distancing rules.**

- We will be having 2 separate lunch/ play times  
11:00-12:00- play 11:00-11:35, eat 11:35-12:00  
12:00-1:00 - eat 12:00-12:25, play 12:25-1:00
- When you are outside you will have a designated/ supervised place to play with your cohort group and this will rotate on a weekly basis
- Remember to enter and exit through your cohort door.
- Students will wash hands:
  - before you leave to go outside and after you come in.
  - before and after you eat.

# Physical Distancing:



Keeping a safe distance apart from others significantly reduces the chance of spreading COVID-19.

Our school will look and feel a little different:

- Desks and workspaces will be setup to create more distance between students
- Recesses and lunch breaks are at different times that usual
- Some Hallways have pathways to follow marked by arrows.
- Washrooms have bee decals on the floor showing where to stand if waiting for the bathroom





# Physical Distancing and Staying Healthy



As much as we want to, remember that we can't hug our friends right now.

But soon we will.

This is just a moment in time.

# Hand Hygiene:



When washing your hands - use plain soap and water and wash for at least **20 seconds**

If a sink isn't available use alcohol-based hand sanitizer and let liquid fully dry



## When should you wash your hands:

- When you arrive at school
- Before and after any breaks (lunch, recess)
- Before and after eating or drinking
- Before and after using an indoor learning space used by multiple cohorts
- After using the washroom
- After sneezing or coughing
- Anytime hands look visibly dirty

**VIDEO:** <https://www.canada.ca/en/public-health/services/video/covid-19-hand-washing-heroes.html>



# Respiratory Etiquette:



- Cough or sneeze into your elbow or a tissue. Throw away used tissues and immediately wash your hands.
- Refrain from touching your eyes, nose or mouth with unwashed hands.
- Refrain from sharing any food, drinks, or unwashed utensils.



# Non Medical Masks:



## Elementary school students

- Do not need to wear masks but may if they choose to
- If a staff member that is not in your cohort comes in to talk or teach you they will have to physically distance and/or wear a mask

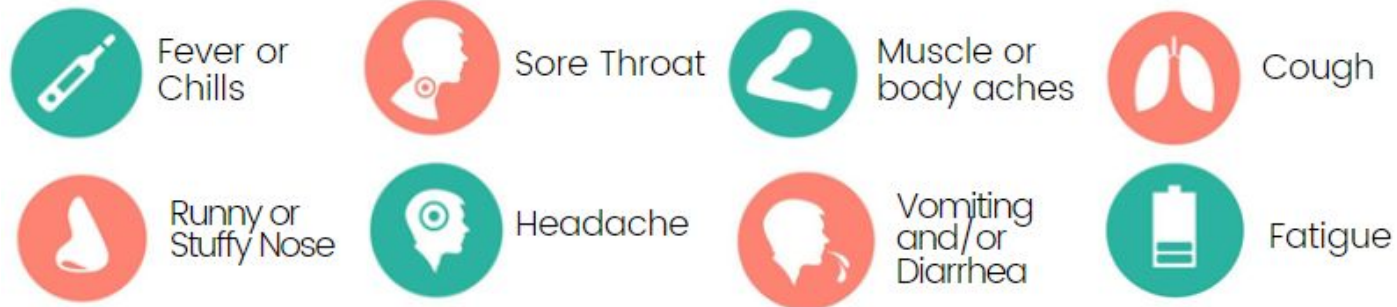


Mask wearing video (Please play) - <https://youtu.be/gvLA--hGU70>

# Feeling Sick? Stay Home!



If you start to feel any of the following flu or cold-like symptoms you **MUST NOT** come to school:



Please call **811** for for advice on how to proceed if you experience any of these symptoms.

Other reasons to stay at home:

- You have travelled outside of Canada in the last 14 days
- You have been in close contact with someone with a confirmed case of COVID-19

# Personal Items:



- You can continue to bring personal items such as backpacks and water bottles to school, however please limit the items you bring to only what is necessary
- Store your items at your labelled hook, cubby, chair, or desk
- Make sure you label your personal items as this will help stop accidental sharing
- Any home baked items should not be shared at this time (birthday cupcakes etc.)
- All lunch items must be taken home with you (recycling and compost are not currently available at school)



# Transportation:



- When using the buses make sure you follow any new instructions being given
- You may be given an assigned seat to use daily
- You may be asked to get on and off the bus differently than normal
- Middle and secondary school students should wear masks while on the buses
- Please make sure your hands are washed before getting on the bus





Be CALM.  
Be KIND.  
Be SAFE.

