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WOULD YOUR CHILD LIKE TO PARTICIPATE IN A STUDY AT UVIC ENTITLED:

Understanding self-regulation and motor activity in children with and without ADHD

Many children experience difficulties with attention and activity levels, which interfere with their ability to focus, self-regulate, and achieve goals. We are seeking children, ages 6 to 13 years **with a diagnosis of ADHD, and children who do not have ADHD, but who may be experiencing difficulties with attention and/or self regulation.** Our study will provide a better understanding of activity levels and self-regulation in children both with and without ADHD. We feel that the information gained from this study will help us better understand some of the challenges faced by children with ADHD, and to provide more effective strategies for managing these types of difficulties in all children.

This study has been approved by UVic and is being conducted through the Psychology Department at UVic. For children who participate, we will be collecting information on their abilities using paper-pencil and computer tasks. These tasks will take approximately 2.5 hours, but we will provide lots of breaks! Parents/caregivers will be asked to fill out forms related to their child's attention/self-regulation and to complete a brief interview about their child. Parents/caregivers may also choose to provide their child's teacher with forms regarding attention and behaviours at school, although these are optional. Many children enjoy these kinds of tasks and find participating interesting. Children with ADHD will need to refrain from taking their medications for 48 hours prior to study participation, but can start taking their medication again immediately upon finishing the testing session. We are able to schedule sessions over the weekend so there is minimal disruption to school performance or attendance.

All personal and identifying information regarding your child's participation will be kept confidential; only those directly involved in the study will know of the details of your child's participation. At the end of the study, general study results will be shared with families and participating organizations, so that you all may benefit from information gained through their participation. However, we are unfortunately not permitted to provide results for individual children.

Primary risks and considerations for participation include the time commitment, potential fatigue and inconvenience of refraining from medication. In appreciation for your participation in the study, you and your child will receive small monetary 'thank you' gift following the assessment. **Your child will receive \$10.00 for his/her participation, small motivational prizes, and will be entered into a draw to win an iPad mini.** Should your child decide he/she wishes not to participate part way through the activities, he/she will still receive his/her reward for the day, will still be entered into the iPad draw, yet will not be required to participate any further. You will receive \$10.00 for your time completing forms and any costs of parking at the University will be reimbursed. Testing times are flexible, and we will work with you to find a time that works for you.

Should you be interested in participating or simply have questions about this study, please reach out to us via email (macounlab@uvic.ca) or phone (250-472-4195) and we will get back to you right away.

Thank you for taking the time to consider this opportunity. We look forward to speaking with you!