



## CALENDAR

### March

- 9.....Early Dismissal; 1:48 pm
- 10.....Basketball Jamboree; 12:00
- 14.....PAC Meeting; 6:30 pm
- 15.....Swim Meet; 12:00 pm

### Mar 20 – 31...Spring Break

### April

- 11.....PAC Meeting; 6:30 pm
- 14.....Good Friday-STAT
- 17.....Easter Monday-STAT
- 19.....Cross Country Meet; 3:30
- 21.....Hot Lunch Day
- 25.....Class & Whole School  
.....Photos
- 26.....Staff Appreciation Lunch
- 26.....Cross Country Meet; 3:30
- 28.....Non Instructional Day

### May

- 3.....Cross Country Meet; 3:30
- 8.....Non Instructional Day
- 9.....PAC Meeting; 6:30 pm
- 19.....Hot Lunch Day
- 22.....Victoria Day-STAT
- 26.....Spring Fling
- 31-1. Intermediate Camp  
.....Thunderbird

### June

- 5.....Family Grouping
- 8.....Track Meet
- 12.....PAC Meeting; 6:30 pm
- 28.....Year End Assembly
- 29.....Last Day of School
- 30.....Admin Day-No School in  
Session

## March 2017

## NEWSLETTER

### FROM THE PRINCIPAL

Teachers have been busy collecting data about your child's progress during the second term for the purpose of writing progress reports. The second term reports will be sent home during the week of March . These reports provide a summary of your child's progress in the core areas of social responsibility, literacy and numeracy. If you have any questions or concerns about your child's progress please contact his or her teacher.

Finally a reminder that schools will close for an additional week during Spring Break. The school closure week (March 27-31) will be added to the Spring Break week (March 20-24<sup>th</sup>). This will result in the school being closed March 20-31<sup>th</sup>. The extra week of school closure was done for budgetary purposes. Schools will re-open on Monday, April 3rd. Have a great Spring Break!

With appreciation,

Tom Vickers



### School Plan

On the morning of April 28<sup>th</sup>, we will be meeting with staff to review our School Plan and revisit our school goals. As a school we continue to work towards achieving our school goals which are:

1. *Develop social/emotional intelligence with our community of learners to enhance learning.*
2. *Focus on developing increased levels of physical activity & healthy eating amongst our community of learners to enhance learning.*

During our day we will answer the following questions:

1. How are we doing?
2. What are some things that are going well at Sidney Elementary?
3. What are some areas of focus for us to consider as we move forward to the next school year?

### What's New @ Your Library

- If your child is in grade four or five, ask them if they have submitted to the Creative Writing Contest! Submissions can be either 2 poems or a piece of original writing no more than 500 words. Due at the Learning Commons by March 17.
- Ask your grades three child if they are participating in the Chocolate Lily Book Awards program and which book they are going to vote for.
- To access elementary district resources (which our district pays a lot of money for) on the learning commons web page, here are the usernames and passwords.
  - username: 63sid
  - password: library
  - For culturegrams login: sd63s, password: library839



### Telephone Use



Reminder to students that the school phone can be used, with their teacher's permission, **for emergency purposes only** (i.e. forgotten lunches, feeling ill). It is NOT to be used to make arrangements to play with a friend after school.

### Lost and Found



Please check the lost and found for hoodies, jackets, shoes, hats and various other clothing items your child may have left at school. Check at the office for smaller items such as jewelry and other treasures.

### SAFE ARRIVAL PROGRAM

Please phone 250-656-7425 if your child will be absent or late.

### Foundation Skills Assessment (FSA)

Our Grade 4 students have completed the FSA's. This assessment is only one of many indicators of how a child is doing in relation to provincial learning outcomes, with the most important measures being those described on your child's report card. The FSA provides a snapshot of student achievement at a specific point in time.

### Intramural Basketball



The SBA (Sidney Basketball Association) is in full swing. Grade 4 and 5 students participating in our intramural program. Students have been working on skill development and games for the month of January and February. The season will be culminating with jamborees at Parkland and Stelly's on March 10<sup>th</sup>. Thank you to our coaches, Mrs. Black, Mrs. Collins, Ms. Ellison, Ms. Meausette and Mr. Vickers.

### Sidney Swim Meet



District Swim Meet will be held on March 15<sup>th</sup> in the afternoon at Commonwealth Pool. A big thank you to Mrs. Collins, Mrs. Fredeen, Mrs. Kaercher and Mrs. Richards for sponsoring swim club.

### Cross Country



Sidney School Cross Country Team will be starting after Spring Break. We are inviting Grade 3, 4 & 5's to join practices on Tuesday's and Thursday's during April. The goals are to have fun while being part of a team of friends and to learn about running skills, fitness, and racing cross country. Meet dates for this year are April 19<sup>th</sup> and 26<sup>th</sup> as well as May 3<sup>rd</sup>. All meets take place at Centennial Park with a start time of 3:30.



### Track and Field

Track & Field for the Grade 3, 4 & 5 students will begin at the end of April.



## PAC NEWS



The next PAC Meeting is Tuesday, March 14<sup>th</sup> at 6:30 pm in the Learning Commons. All parents/guardians of Sidney School students are welcome to attend. We hope you can join us!

### Parents Night Out & Silent Auction



Thank-you to everyone that helped with the Parent's Night Out & Silent Auction. It was a fun, successful night that will support our kids. A big thank-you to Nicola and Mary's Bleue Moon Cafe!

### Smile Cards



The Smile Card Fundraising Program allows the PAC to raise 5% back on pre-assigned Smile Card upto a grand total of \$2000 this year! All proceeds go toward our our children's field trips, playgrounds, etc.

To receive a smile card please email Sidneypacfundraising@gmail.com. Include your name, phone number, email and quantity of cards.

### Spring Fling



We are forming a large committee for organizing the Spring Fling. We are needing parents to volunteer to help planning this well loved event! Please come to the next PAC meeting on Tuesday, March 14<sup>th</sup> or contact us through [sidneypacfundraising@gmail.com](mailto:sidneypacfundraising@gmail.com)

## COMMUNITY NEWS

### Peninsula Soccer Association Spring Soccer Program

Spring Soccer Program will take place Monday nights at Iroquois Park from April 10 - May 29.

Registration information can be found on the Peninsula Soccer Website's homepage at <http://www.peninsulasoccer.ca/>

### Peninsula Track and Field Club



### "TRACK RASCALS" PROGRAM

for 2017

INTRODUCTION TO TRACK & FIELD FOR 6, 7 and 8 YEAR OLDS  
JUMP!! RUN!! THROW!!



TUESDAYS AND THURSDAYS, 5:00- 5:45pm  
BLUE HERON TRACK (at Parkland School), APRIL 4 - APRIL 27

REGISTRATION: PHONE - LESLEY FOSTER - 250-656-5660

Phone in to the Lesley your desire to register the Rascal by phone. Then come to the first session on April 4 at 3:45 to fill out registration form if not done before. Make sure athlete has warm clothing and running shoes. Numbers may be limited so register early!!

AGE LIMITS: 'TRACK RASCALS' MUST BE BORN IN 2009, 2010 OR 2011

THE REGISTRATION FEE OF \$55.00 WILL INCLUDE BC ATHLETICS MEMBERSHIP AND SPECIAL PROGRAM T-SHIRT. EXPERIENCED COACHES WILL PROVIDE INSTRUCTION

COME AND JOIN US!

## TRACK IS FUN!!!

Contact: Lesley Foster 250-656-5660 or Florence Dingle, 250-656-3341  
For further information see: [www.pentrack.org](http://www.pentrack.org)

### Saanich Peninsula Amateur Basketball Association



SAANICH PENINSULA AMATEUR BASKETBALL ASSOCIATION (SPABA)

Interested in having fun inside while it is raining and cold outside?? Enjoy shooting hoops, learning new skills and participating in a team sport that is dedicated to fun! Then Basketball is for you!!

Players are welcome for both:  
U-11 GIRLS and U-11 BOYS (Grades 3, 4 and 5, born 2009 / 2008 / 2007)  
U-13 GIRLS and U-13 BOYS (Grades 6 & 7 born 2006 / 2005)  
U-15 GIRLS and U-15 BOYS (Grades 8 & 9, born 2004 / 2003)

Practices are run out of Bayside Middle School or North Saanich Middle School with games played in Victoria once a week.

Open to new, returning and seasoned players. Season starting early mid-September and runs until Spring Break. No fundraising required and no rainouts! Contact Panorama Recreation Center to register at [www.crd.bc.ca/panorama/](http://www.crd.bc.ca/panorama/) or call 250-656-7271, or check out our website at [www.saanichpeninsulabasketball.com/](http://www.saanichpeninsulabasketball.com/) for more information.



**Peninsula Baseball and Softball Association** is accepting registrations for both Baseball and Softball.

The Baseball division offers our 7U - Rally Cap program to 2010 and 2011 born athletes. This is no T-Ball! We have the players out to Rotary Park on Airport lands one weeknight and Saturday mornings. The season will start in early to mid April and end about the third week of June. There is no time to stand around for our players as they are kept busy for 75 - 85 minutes and then sent home wanting to come back (that's our goal anyways). We will have an end of season Rally Cap day where we test the members in five different disciplines. Their total score dictates what colour of Rally Cap they earn for the season. It is our seventh year running this terrific program at PBSA. We provide a uniform shirt, a club baseball hat and a team picture all to keep after the season. Our facility is probably the nicest youth ball park in Greater Victoria for sure with exciting new concession management this year! All this is for just \$ 95.00 - \$ 50.00 of which you can recoup by selling a book of raffle tickets that you paid for. Go [www.pbsa.ca](http://www.pbsa.ca) to get registered or contact Dave Swinton for more information at [vp-jrbb@pbsa.ca](mailto:vp-jrbb@pbsa.ca)

Our Softball Division offers our Learn to Play (LTP) program to girls only birth years [2011-2010-2009](#). The LTP program introduces Softball to girls in a Revolutionary way as it ensures girls have FUN while improving their fitness and developing their fundamental movement skills. LTP fosters success for all ability levels and has easy to follow activities

.../3

and lead up games that are led by our experienced coaches. This gives every child the opportunity to develop softball skills because everyone is active for every minute of the session.

LTP teams will play a schedule of games against other local associations on Saturday mornings and have a weekly session to develop their skills and most importantly have fun on Wednesday evenings. There is a year end jamboree for the girls to conclude their season with many fun activities. The season runs from mid April - middle of June.

We have been running our very popular Winter clinics led by Don Savostianik and past and present Victoria Devils fastball players since February and have three sessions left. These are at Panorama Recreation Centre in the tennis bubble. All you need are clean runners and a ball glove (we have a few extra gloves if your child needs to borrow one). We welcome girls to come out and give it a try! There is no charge for these clinics.

- Saturday, March 4th 11:00 - 12:30
- Saturday, March 11th 11:00 - 12:30
- Saturday, March 18th 1:00 - 2:30

All participants and families go home happy and will look forward to the next LTP session!

Fee for LTP is \$ 95.00 - \$ 50.00 of which you can recoup by selling a book of raffle tickets that are included in your registration fee.

Please contact Andy Pelton for more information about our LTP or any other divisions at [www.vp-jrsb@pbsa.ca](mailto:www.vp-jrsb@pbsa.ca)

You can register online at [www.pbsa.ca](http://www.pbsa.ca)

## FROM THE PUBLIC HEALTH NURSE

### Why Use Fluoride Toothpaste?



Fluoride is absorbed into the tooth enamel making the tooth more resistant to decay. New teeth especially can benefit from fluoride, and school-aged children are getting their new adult teeth.

Daily use of fluoride toothpaste is a cheap and easy way to protect children's teeth from decay. A small amount of toothpaste about the size of a pea, used twice each day, is all you need.

Public water supplies on Vancouver Island do not have fluoride added. Therefore, it is very important to use fluoride toothpaste.

Spit out after brushing - don't rinse! This will allow small amounts of fluoride to stay in the mouth. The fluoride can help reverse areas of early tooth decay and slow down the decay process.

Toothpastes with special adult ingredients such as "anti-tartar", "whitening", and "anti-bacterial" agents are not recommended for children under age 12.

### Head Lice Awareness



Head lice are common in BC communities. Although they are a bother, head lice are not a health risk.

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

### **You can help by:**

- Checking your child's head with the wet-combing method of detection once a week throughout the school year.
- Review the pamphlet Wet Combing -How to Get Rid of Head Lice, available online, at your school and Public Health Unit.
- Encouraging your child to wear their hair tied back
- Treating if you notice live lice on your child's head.
- Reminding family and friends about the importance of routine head checks.